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PLEASE READ CAREFULLY & THOROUGHLY

My name is Jessica Acker. I have been in private practice since 2009. I have practiced during this time in El Paso, TX. I currently hold an LPC and LMFT license in the state of TX. My LPC license number is 63041, issued 12/04/2008.

My LMFT license number is 201917, issued 05/01/2015. I graduated Webster University in 2006 with my M.A. in Mental Health Counseling and received my Masters certificate in 2008 from Chicago School of Professional Psychology in Applied Behavior Analysis. I further explored and did my PhD work in Educational Leadership from Argosy University in Chicago.

I have received additional training in Cognitive Processing Theory centered in trauma resolution, Trauma related Cognitive Behavioral Therapy, Certification in conflict resolution, took approval course work in interviewing children and communication.

I decided to pursue my certification in counseling following the birth of my four beautiful children and becoming a single parent unexpectedly. The of my children suffered from more swings, at times becoming rageful. They were diagnosed after multiple professionals as having a range of disorders from ADHD, Aspergers, Bipolar, and behavior disorders. I was currently pursuing my degree in accounting when I took an elective in psychology focused on nature and nurture. Since I tend to be introspective in round this conversation evoking extreme passion in me to help my children be successful, make necessary adjustments at home and in my parenting style. This became my life's work. I currently focus on parenting conflict and difficulties, behavior disorders, ADHD with or without medication, Aspergers, Post Traumatic Stress disorders including grief and loss. As a military wife over 15 years, it has allowed me to integrate the military culture with my training and develop an unbiased approach towards issues specific to this lifestyle. What I understood more than most of my colleagues in training was that as individuals, partners, and parents we don't necessary need to or want to be labeled and/or cured; We simply want to be the best we can be, striving to improve, and most of all understood. My approach to counseling and therapy is both Person centered and Family oriented. Striving towards creating an active support system to maintain improvement and change. I work with you to assist you in defining and creating a better you and improving the satisfaction you experience in your relationships and your life.

Thank for you allowing me to become a part of your story and that of your family. I appreciate the trust that takes and will always hold that in the highest regard. I look forward to working with you!!

Client name _____ D.O.B _____

Signature _____ Date: _____